

the Adrian Herald

DECEMBER 2002 / JANUARY 2003

Imperial Deadline Approaching for March 2003

The deadline is fast approaching for the Imperial Estates Meeting to be held in March, 2003. The Imperial Chancellor needs proposals *and* voting lists before **January 22, 2003**.

Date and location

- March 22/23, 2003
(4th weekend)
- Umbria (Tempe, Arizona)
Executive Suites Extended Stay
1635 North Scottsdale Road

Hotel

- Reservations: (480) 947-3711
- Cost: \$89/night
- Discount: before March 15th

Proposals

Two members (of the Imperial Estates) may put a proposal on the agenda before the Imperial Estates General. Note: Where only one sponsor's name appears, The Imperial Chancellor shall serve as co-sponsor to satisfy the procedural requirement. (Reference Bylaws Article VI.F.1.E.1.)

Voting Lists

Crowns and Chancellors please notify the Imperial Chancery at dreye@lvcm.com of your list of eligible voters from your subdivision, qualified as of 60 days before the meeting (January 22, 2003).

Members entitled to a seat (as of January 22, 2003) whose dues are not current, are under judicial ban, or have not attended at least 2 official events within the previous 6 months will be denied a seat. Those entitled to a vote can't be altered after Jan. 22 by any means (including expiration of dues, nonparticipation, formation of new Estates, or change in Estates held by a given member). The only exceptions are resignation, judicial ban, or creation of a greater estate. (Reference Bylaws Article VI.E.4.) *Note: past practice has permitted these estates, created after the notice period, to be seated (notice waived) when no objection is made. Examples: Count or Countess Royal, a new March, Third Level Knighthood.*

*He that will not
when he may,
When he would he
shall have nay*

*(John Heywood (1497-1580)
Proverbes. Part i. Chap. iii)*

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Imperial Information Published:

Imperial Estates Meeting Information, March 2003:

Available online at <http://www.adrianempire.org/events-imp.html>

Updated Combat and Marshal's Manuals:

Available online at <http://www.adrianempire.org/library.html>

Miscellany

Geometry of War, 1500-1750

Geometry played an important role in the days of the Renaissance. Everything from navigation to mapmaking to war required use of math, specifically geometry. "Developments in the art of warfare in the late 15th and 16th centuries provided another outlet for geometry, and the mathematicians were quick to respond by devising techniques, designing instruments and writing books. Heavy guns manufactured in single metal castings were longer, capable of more accurate fire, and were adjustable in elevation. Consequently, gunners needed instruments to measure both the inclination of the barrel and the distance to the target, together with a means of relating these two measurements. Geometers offered a variety of solutions to these problems, as well as designs for fortifications to withstand attack from the new artillery." In this on-line exhibit at the Oxford Museum of the History of Science, you will see many period instruments, documents, and explanations of the tools used in warfare (from gunner's sights to folding levels).

<http://www.mhs.ox.ac.uk/geometry/content.htm>

Can You Guess?

From the Canton of Eden's Glen, 1994. Anyone have any guesses as to who these fighters are? Clue: Both are still active, but neither in the subdivision in which they first joined Adria. Answer next month.



Contributed by Sir Phelan Kell

Profile: Brandenburg

Brandenburg was created in March of 2002. By the will of the Estates of Terre Neuve, the northern portion of San Diego County (California) was ceded to allow for the formation of a duchy. Terre Neuve remained a strong kingdom, keeping the southern portion of San Diego County, and all of Imperial County.

The name of Brandenburg was chosen for its historical connotations. The actual place, called Brandenburg, flourished during the Middle Ages, but not enough to cause any conflicts within the Adrian naming structure. And so a place of fair prominence in medieval history came to be a place of fair prominence in Adrian history as well.

There was immediately a culture that blossomed in this new duchy, which soon grew to be an archduchy. The culture was based on service. This included all aspects of service: to Adria, to the Duchy, as well as to other individuals. The subjects of the archduchy will pitches in to create their encampment as a whole, with no one stopping to wonder if the load they are hauling is theirs, or someone else's. They know only that it's a load and it needs to be hauled. After all, many hands make the job go quickly.

There has already been a tradition of themed events since Brandenburg's inauguration, with Elizabethan tournaments, nautical wars, and other themes all following one upon the other. One never knows what they will be doing when they attend an event. They only know they will have fun!

The first Duke and Duchess (now the Archduke and Archduchess), Sir Arion Hirsch von Schutzhundheim and Dame Juliana Hirsch von Schutzhundheim have done a marvelous job steering Brandenburg through its birthing pains. Huzzah to them! And now, they plan to step aside and have a little respite.

In January, 2003, their Heir Apparent shall step into the role of Archduke. Good luck, Sir Nigel of Huntington, and don't forget to have fun!

~ Maedb Hawkins

From the Abbey

Your Majesty, I received the wools and I thank you. The entire abbey thanks you for the herbs. The winter has been mild thus far, but the storms are coming more often. The workers in the vineyards are trying to law the straw before the cold closes in. And thus they hurt themselves in the rushing to finish. The agrimony you sent has been helpful, and we are using good quantities of boneset. We are thankful for the peace in the Empire, for we would surely be stretched thin if we were at war.

I have not heard from the Patriarch yet, though I rest assured he will contact me with the final terms of the divorce. I count on your word that you were generous for I may yet come to rely on that generosity. The life here is good, but it chafes at my nature. I fear my exposure to the world has darkened my outlook, making me far less virtuous than one of my station ought to be. Saint Ubaldesca leaps to mind frequently with her virtues of chastity, poverty, and obedience. And I do so yearn to travel again, but the Abbess must be here to run the place.

I remain in service, Maedb

Sisters of St. John of Jerusalem

Founded about the same time as the first Crusade (1099), this original Order of the Hospital of St John of Jerusalem was founded by Brother Gerard. While we don't know much about Brother Gerard, we know that the Order was established a hospice near the Holy Sepulchre. Their purpose was to tend the many pilgrims, the poor, and the sick. There was an outgrowth of the Order, the Brotherhood of the Hospitallers, who were more military, and provided escorts for the pilgrims. Membership is divided into three categories, the first of which is professed knights of justice and chaplains who can prove the nobility of their four grandparents for two centuries and have taken religious vows (including celibacy). The second are knights and donats (men of knightly but not sufficiently noble birth) of honour and devotion, who must prove the same nobility but are not professed. The third category has seven grades differing in nobility and other qualifications. Women are admitted to the second and third categories.

- *Alliance of the Orders of Saint John of Jerusalem*
- *Encyclopaedia Britannica 14th Edition 1966*

St. Ubaldesca

Tuscany saw the birth of Ubaldesca in the county of Pisa, in 1136. Her parents, humble and simple farmers, were God-fearing people and good Christians; they taught her obedience and the love of silence which they themselves practiced. She was trained early to work at her household tasks and to pray constantly. She already macerated her poor little body and had resolved never to refuse the requests of the unfortunate. She gave them what she could and, when she had nothing to give, she offered at least the consolation of her smile, paying close attention to the tale of the troubles of each with fraternal understanding. No one left her without being comforted.

She soon understood the gravity of life and wondered what form hers should take to please God; she implored Him for guidance. At the age of fourteen, one day as she was baking the family's bread, she had the vision of an angel who ordered her to enter the convent of the Sisters of Saint John of Jerusalem. She was astonished, and said:

"But, I have no dowry. And my parents cannot give me any." "The mothers have not so much need for dowries as for virtues," replied the angel. Ubaldesca smiled. "But what if I have no virtues?"

And the angel in the same tone of voice: "The Holy Ghost will supply". Then, gravely: "There is no woman in Pisa who will be more full [of virtues] than you. And because of you, of your merits, the city will be delivered from great perils".

The messenger of God disappeared, and the girl, forgetting the oven and the bread in it, ran off to the fields where her parents were at work to tell them what had happened and to ask their permission to go away. Without more reflection or delay, they acquiesced.

Taken from St. Ubaldesca Church history http://www.geocities.com/sf_depaule/st_ubaldesca.htm





Regions

Brandenburg

In honor of the birthday of Archduke Arion, Brandenburg shall host a **Fait d'armes** with the theme "Faveat fortuna" (Let fortune favour) to honor Lady Fortuna and the Virtues of Chivalry. The Archduke has requested much gaming and fighting for the day. In addition to the list winners, the ladies and gentlemen of the gallery will help the Archduke choose the Champion of the Day based on all lists/melees. Wagers on the matches are encouraged, with a prize for the member of the gallery or judge with the largest purse.

The lists will include: Whalebone (shinai), Rapier, Armored Combat. Melees shall also be held.

Combatant, please bring extra weapons, shields, daggers and bucklers if you have them. These will be 3 point matches in double elimination, chosen by Lady Fortuna. The lists will be matched weapons drawn randomly by Lady Fortuna (Lady Luck) for each bout with the following options.

A pot luck period feast will continue in the evening at the Ducal Estate. Please contact Archduchess Juliana to coordinate food. Please bring your own feastware, servingware for your dish, tables and period style bench or chair. The feast will be **IN COSTUME**. Please prepare music, poems, stories and period context jokes for our supper. Of course games, dice, cards, etc. are welcome diversions for the evening.

A holiday gift exchange will be held. Bring a \$10 or less medieval or renaissance non-gender specific gift. Children can participate as well and should mark their gifts "child".

When: Saturday, **December 28**, 2002

Where: Buddy Todd Park, Mesa Drive & Parnassus Circle, Oceanside CA

Schedule: 8:30 Set up

10:00 Opening Court

11:00 Lists begin

12:30 Lunch and a game of bowls

4:00 Closing Court

6:00 Winter Holiday Feast at House
Schutzhundheim

More info: savaskan@znet.com

Archduchess Juliana Hirsch von Schutzhundheim

Cambridge

Hello everything, I would like to thank the people that came out with us on Saturday, December 7th. The practice was good! We found out Donavan looks a lot like an anime character with his leather trench coat on. Vaelen found out that warm gloves are good. I found out that backing up onto a snow bank is bad, and that a shield make's a handy sled in a pinch. We also had our first throwing weapons expo, which ended in an all-out snowball fight (but who didn't see that coming).

Lord Auren Benedict

Ekaterinegorod

We have been working to consolidate all of our records to 1 place (<http://www.stonereaches.net/ekg>). The reign of Sergay (the one and only) continues. Boons were asked for and granted: Sir Perrin Malcom was given leave to form the Green Dragon Brigade pending submittal of a charter. Lady Gizelle Malcom was given leave to form the Guild of the Snowflake pending submittal of a charter. Sir Angus of Bloodstone was named Minister of Nothing and His Grace, Connor Campbell, Minister of Forgetfulness, though he forgot his favor. Johannesburg has been abandoned. A new city "Mirsova" (City of Peace) will be built to the north of Stone Reaches. A new governor will have to be found as the current populace is ailing, possibly from the same plague that killed His Former Royal Grace and Family. The physicker will investigate.

In Service to the Dream, Sir Sergay Ruslanovich (the one and only), Duke of Ekaterinegorod

The December Event, held on December the 7th, was filled with special occasions. Dame Kitara received her Knight Robe. Dame Dorothea called Dame Kitara Kell DeGour DeLey, and Squire Caitlin (standing in proxy of her son) forward and presented each of them with a heraldic longe "Sable, a Acorn Argent" in memory of Dame Lizbet (both called Dame Lizbet "mother"). During our break for food (after the combat was done), we did finally opened he bottles given to us by our Great Duke - food of the Gods!

In Service to the Dream, Sir Phelan Kell

Esperance



Their Majesties, Sir Conall and Dame Aifa, stepped down December 7 as the Crown of Esperance. The Heirs Apparent, Sir Terrin and Dame Marion (pictured above), stepped up that same evening:

Their new Majesties are in awe as to the service given to them at the Coronation. There were many hands to provide a wondrous evening for all: Their Graces, Conall and Aifa, the feast cook (Dame Aleta) with her helpers, and many more. At times I did wish to be back in the pantry with her as there is fun, dishes to wash, merriment, dishes to wash, and pears in the cooler, did I mention dishes to wash?

The four young servers were most attentive and provided all of the amenities to the head table. Dame Katherine van Hansard did the bows backing up most well and I do remember thinking I was having problems walking forward. If the head table was missing anything it was of our own doing.

The Captain of the Guards, Sir Donovan, was most attentive with the new court guard. This Queen does believe they will add to our year. The coronation itself would not have been the ceremony it was without our good Cardinal, Sir Robert Jehan Alexandre Crysolstom Antoine. He was also in new attire this evening with robes made by our own Angelique Sauve.

There is so much talent in the Kingdom of Esperance, we look forward to some of the continued hidden talent to come forth and share their talent that we may all enjoy.

Terrin Rex, Marion Regina

Terre Neuve

12th Night Feast

Following its grand and glorious traditions, the Kingdom of Terre Neuve will be holding its 12th Night Feast on **January 4th** at the La Mesa Community Center. Its a time to celebrate our accomplishments and successes as a Kingdom. Feast doors will open at 4:30 with everyone seated by 5:30.

Fees: Adults \$10 (\$12 at the door)

Children (6 to 12) \$8 (\$10 at the door)

The site only allows for 120 people, so **BUY YOUR TICKETS EARLY** as this is the feast not to miss. The main dish, bread and drink will be provided by the Kingdom. As with the Fun War Feast, the Crowns encourage members to bring side dishes or desserts to share amongst the populace. Side dishes and desserts may be entered as a January Food Arts Entry, if period and with the proper documentation. If you bring a side dish or dessert, you will receive a \$2.00 discount on admission to the feast. Side dishes and/or desserts must be able to feed at least 20 people. (The Kingdom expects 90-100 members to attend the feast).

Please contact Ceridwenrose (Michelle Hein) at ceridwenrose@yahoo.com for suggestions or ideas of period food items for your food entry.

Candles may be displayed, but no open flames are allowed within the feast hall.

Symposium Day

Want to learn how to make arrows?

How can I make easy and durable garb?

Chain Mail, how do I put it together?

MARK YOUR CALENDARS! January 4, 2003!

The Kingdom of Terre Neuve has amassed an army of great teachers to put together a Day of Symposiums. Each class will be taught by a specialist in that discipline and the class curriculum will demonstrate forethought and thoroughness. Each class will be 1 to 2 hours long. A class schedule and location directions will follow, within 2 weeks of the event. Members of other regions are always welcome to attend Terre Neuvian events. Plan a day trip - attend the symposium during the day and the feast in the evening. For more info contact Arts Minister Juliet at Julie.Tamura@am.sony.com or King Badger at badgermaybe@cox.net.

York

On the 16th day of November in the year of our Lord 2002, the Kingdom of York welcomed the return of its first King, Sir Killian Oakesblood and his new Queen, Dame Josephine.

The hall was filled with the populace of York and visitors from Castilles, all of whom were summoned by wax-sealed decree. Illuminated only by the soft glow of candlelight and banners proudly flying overhead, the nobility sat at the high tables adorned with oak leaves and acorns in honor of the mighty "Oak King" and his Queen.

On behalf of HIM Sir Karl and HIH Dame Maedb, Squire Drake was awarded the Imperial Star, and Dame Alyssa the Order of the Golden Spoon. Sir Elric and Dame Skye presented their final awards to members of the populace (Tristana, the Royal Star).

After bittersweet good-byes, TRM removed their regalia, entrusting it to the stately Crown guards and Lady Protector. Not long after, the populace heard the unmistakable sound of Highland bagpipes.

As the doors opened, a piper appeared, leading a procession. Two Honor Guards, holding their swords before them pointed to the heavens, were followed by the Druid of York and the Heirs Apparent (clothed in the finest red velvets). Sir Gilbert announced the Prince and Princess to the populace as the rightful heirs to the throne of York, who were then instructed to kneel before the great stone altar.

The four Honor Guards, sheathing their swords, kneeled around them, while the Squire held the shimmering burgundy and black standard high behind the altar. The Lady Protector and Druid then began to swear in Their Highnesses as the new Crown of York. After they swore their oaths, bagpipes rang out again as their regalia was brought into the hall. The Druid blessed the regalia, and bestowed their Highnesses with their Chains of State and gold Crowns. The new King and Queen were presented to the populace as bagpipes played in celebration.

The first order of business was Sir Elric elevating Sir Robin to Knight Banneret. Their Majesties then summoned Dame Skye and Sir Elric to bestow upon them with much-earned retirement titles of Count and Countess Royal. TRM Sir Killian and Dame Josephine also bestowed upon Sir Elric the Imperial Order of the



Their Royal Majesties, Dame Josephine and Sir Killian.
photo: Dame Josephine

Crown Companion, on behalf of TIM. Their Majesties, along with Sir Elric, created Sir Raffe a Knight Civil.

Sir Gilbert issued a challenge to all, to honorably toast members of the populace. He began what we hope will be a tradition by calling forth the three retired Queens of York (Dame Jericho, Dame Brejenne, Dame Skye) along with Her Majesty, Dame Josephine, and toasted to the beauty of York's Queens, past and present. The toasting continued throughout the night.

As Court continued, Their Royal Majesties were presented with many wondrous gifts from their populace. As Court came to a close, the servers appeared with the feast. TRM were served the finest of York's fare, as were their guests of High Nobility.

Soon after, the feast was presented to the populace on a beautifully decorated table. Shortbread cookies were presented in the shape of oak leaves adorned with acorns, along with scones and tarts. As the populace ate, the piper played.

The populace was also treated to the sounds of Sir Alfred's alto recorder. Dame Brianna and Rhiannon (also known as the Lovely Lasses of Lust) performed an array of bawdy tunes.

Photos of the Coronation are in the Kingdom web site Gallery: <http://www.kingdomofyork.org>

Imperial News

Office of Rolls/Lists

The transition of the Imperial Rolls Office was successfully completed and now we begin work toward our goal of getting all the subdivisions to use the same forms, and working with the same Imperial policies. So far it has been very rewarding to meet and work with so many enthusiastic subdivision Ministers and Crowns. Together we can meet this goal set before us by the Imperial Estates.

All subdivisions are required to submit a Monthly Participation Report. We have made a few changes in reporting practices that we hope will serve to make reporting easier. Reports may be sent in electronically via e-mail (available in Excel format on the website, but usable by most spreadsheet programs). The form is also in PDF format, to be printed, filled in by hand, and mailed to the address below. Quality readable reports may be submitted electronically via scanner.

The many options for reporting should allow the subdivisions to turn in reports in a timely manner every month - by the 15th of the month (for the month previous). Currently, event sign-ins need to be submitted monthly and may either be scanned (if they are readable) or should be mailed. Mail reports or inquiries to the Imperial Office of Rolls:

**Adrian Empire Rolls Office
PO Box 28
Vista, Ca. 92085**

We're working on the new Imperial Rolls database which will make all Rolls reports available on-line to members. This will make it easier for members to track their points and record their Merits to Knighthood for advancement.

Please e-mail any of members of the Imperial Rolls Team for help. Call for urgent issues.

Dame Marcella Visconti, IMoRL

Who Shall Conduct Rolls Audits?

Members need to go through their local subdivision to confirm audits and receive Crown, chancery and steward approval for Knighthood. This policy has been in place for at least one Imperial reign prior to this, and the policy shall stand.

Relative to tracking points for auditing, current Imperial Policy is that the member shall:

- Fill in their Merits to Knighthood form
- Submit the document to the Rolls Minister of the subdivision they reside in then request a confirmation from the local Minister of Rolls.

The full text of this Imperial Policy, and its discussion and background information, can be found online at <http://www.adrianempire.org> or from your local Minister of Rolls and Lists. ~Dame Marcella Visconti, IMoRL

The College of Arms

Due to a few mundane problems, the transition in the SoA's office is not going quite as smoothly as I had hoped. I am in receipt of several submission packets, and will get to work on them as soon as possible. Here is my mailing address:

**ISOA
c/o Gregory Kirk
7201 Haven Ave E128
Alta Loma, CA 91701**

Note the small change from the previously published address. It will not prevent mail from getting to me, but it does help me sort things out. E-mail: greg.kirk@verizon.net. Please include **ISOA** in the subject line. I receive a high volume of e-mail. For urgent problems, you may reach me by phone at (909) 989 8677 (ask for Greg).

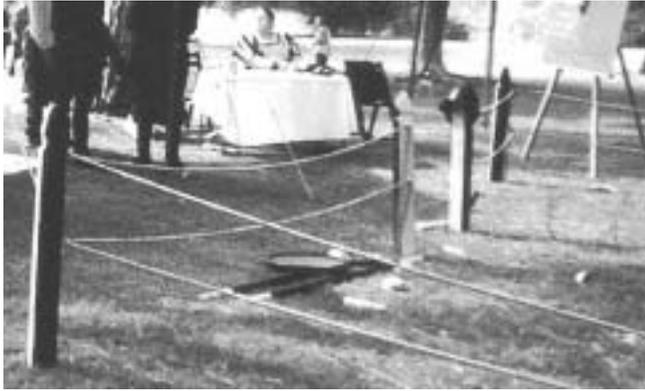
Gregoire d'Avallon, Fleur de Lys King of Arms

Steward's Office

As many of you may know, Sir Terrin Greyphis has stepped down from the office. I have agreed to undertake the task of Imperial Steward. I have been his deputy for the last 3 years, taking care of the Empire's membership issues. I hope to be able to serve the Empire as well as Sir Terrin. Please contact me if you have any questions, problems or advice. My door is always open!

In Service, Dame Lenora Greyphis Imperial Steward

And More



Building a List Field

Sir Arion Hirsch

Materials

All materials can be purchased at most hardware stores:

- (10) 4"x4" Fence posts cut down to 38" (taller may interfere with combat)
- (20) 4"x5" x 1/4" eye bolts (make sure the loops on the bolts are at least 1" inside diameter)
- 40' 1/2" steel rebar
- Red or yellow spray paint
- Garden hose reel that will hold at least 100' of hose (ours has wheels and a handle for hauling around)
- Min. 300' 1/2" manila rope (3/8" rope will do)
- 100' 1/2" manila rope (3/8" rope will do)

Tools

- Wood saw (capable of cutting through the fence posts)
- Hacksaw (for cutting the rebar)
- Bench grinder
- Drill with a 3/16" bit, and a 5/8" flat or auger bit 12" long
- Vise, pliers and hammer for bending eye bolts
- Clamps or work bench for holding posts while drilling.

Instructions

Fence posts come in about 5-foot lengths which need to be cut down to 38". Once they are cut, mark the center of the bottom end and drill at least a 12" deep hole using the 5/8" drill bit straight up the middle

of the post. If the wood is still a bit green (damp), and you have the luxury of time, let the posts dry out for a few weeks before drilling. You'll know if the wood is still green if you drill and the refuse is stringy and clumpy rather than coming out as dust. Clear out the hole often while drilling. Do your best to ensure that the hole you are drilling is going straight up the middle (this can be quite difficult). Usually, I have a friend watch from the side to tell me if I'm going in straight while I watch from the top.

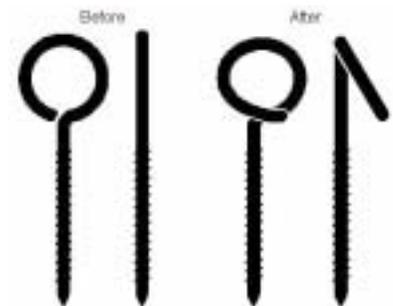
Cut the rebar into 2-foot lengths. Grind a point on one end. It doesn't have to be too sharp - just enough to part the dirt as it is pounded in. Round the top of the rebar so that the pounding it takes when being driven into the ground does not cause the top to mushroom (at least right away). After using it awhile, more grinding may be needed as the top of the rebar starts to mushroom.

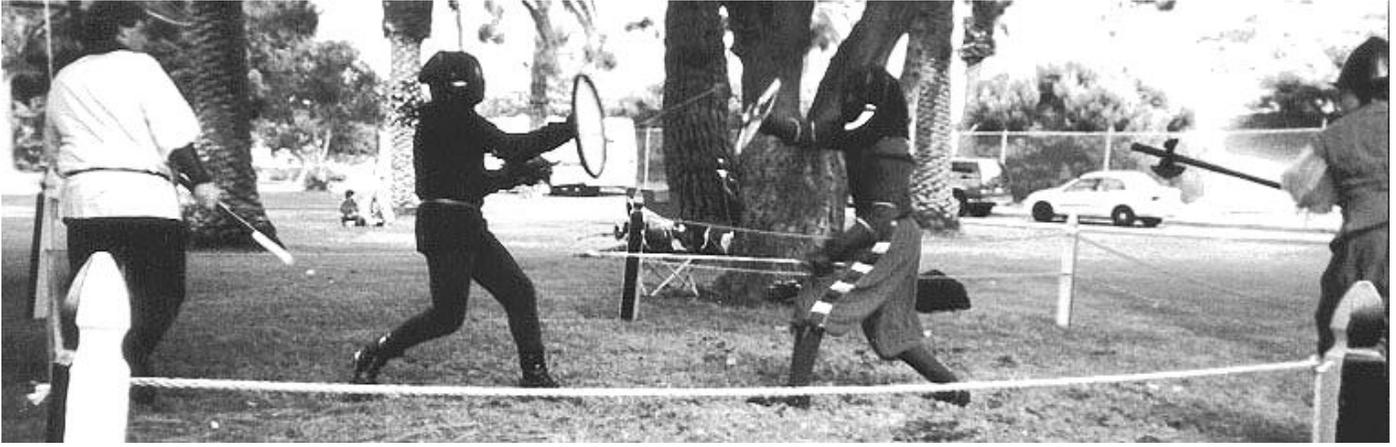
Mark the rebar 12" from the top and spray paint the top of the rebar red or yellow so it is very visible once pounded into the ground. The paint also gives you a depth to which the rebar will be sunk.

Take an eye bolt and put it in the vise so the loop is sticking out. Bend the end of the loop out to the side and across the bolt so that it makes a "pig-tail" with a gap just large enough to press the rope through. You want to be able to pop the rope into the loop but have the gap tight enough so that the rope will not pop back out on its own.

Use the 3/16" bit to drill pilot holes for the eyebolts in the post at 18" and 30.5" from the bottom as shown. File any rough edges to avoid wear on the rope.

Before screwing the bolts into the posts, seal or paint the posts. Screw the bolts in all the way and leave the end of the loop pointing down. The rope should be able to be popped down into the loop.





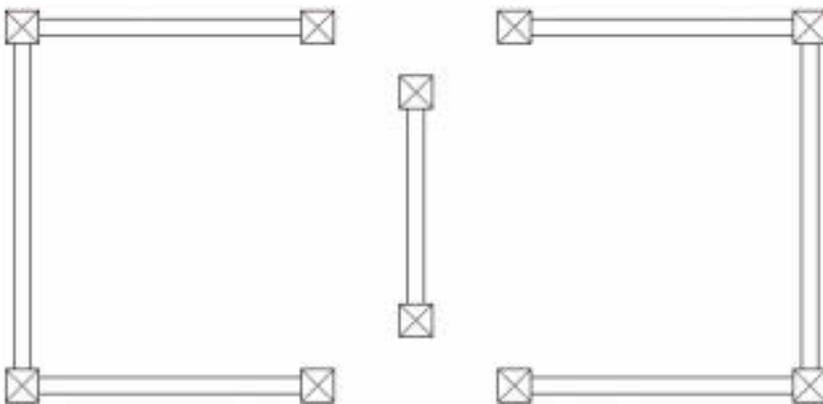
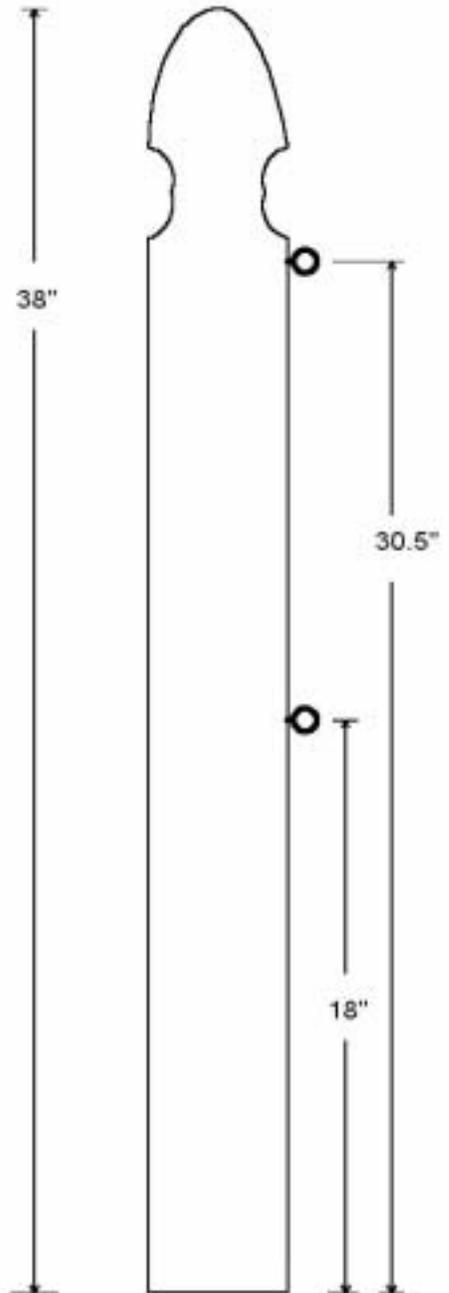
List Field Setup

The 300 feet of rope is enough to make 2 list fields about 20 feet square. We use an extra 100 foot rope for a divider between the fields. This gives us 2 rows of ropes.

Pound in the rebar up to the start of the paint. The posts at the corners should be angled out slightly (when tension is added by the rope, the post will stand straight up). Then just drop the posts onto the rebar. This is the way we organize our posts for 2 fields.

The 300 foot rope is used for the outside and the 100 foot rope is used for the divider. This setup allows entrances on both sides of the field to both areas. It turns out that it really doesn't matter where you start, just that you keep the rope taught as you go. When I get the entrance, I loop the rope under the bottom of the post and go across the ground to the other post, then back up to a rung and keep going. We usually throw a blanket or fabric over the hose reel to disguise it or run the spool back behind a tent and try not to trip on the rope. The spool allows you to reel in the rope after it has been removed from the posts very quickly. No tangled ropes!

We could also rope off a very large area for a melee tournament if we only use the top hook and run one rope around the field and have used it for encampment fencing as well. One last note, for places that don't allow driving stakes into the ground (like parking lots, inside malls, etc.), platforms can be made for the posts.

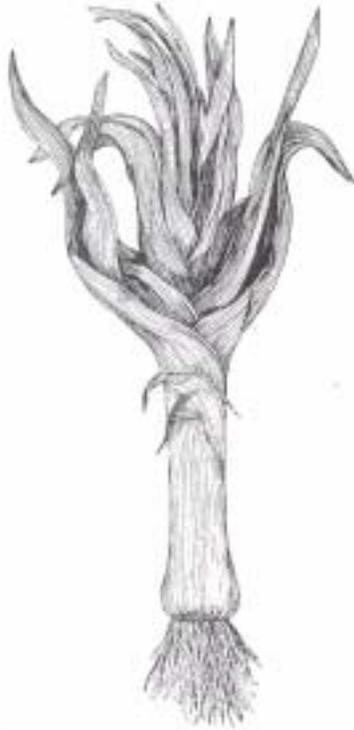


Leeks

What are leeks?

The leek is a member of the onion family, but is milder than others in the family, with a very nutty flavor. They have leaves a lot like garlic, instead of round and hollow like onions.

Onions, leeks, and garlic all originated in middle Asia, then spread to the Mediterranean and western Asia. The Israelites, as they wandered in the wilderness, longed for the onions, leeks, and garlic they had in Egypt.



From: Du fait de cuisine

16. To make white leeks, he who is in charge of them should arrange that he has his leeks and slice them small and wash them very well and put them to boil. And take a good piece of salt chine of pork, and clean it very well and put it to boil therewith; and when they are well boiled take them out onto fair and clean tables, and let them save the broth in which they were boiled; and let there be a good mortar-full of blanched almonds, and then take the broth in which the said leeks have boiled and draw up the almonds with it, and if there is not enough of the said broth take beef or mutton broth -- and take care that it is not too salty; and then afterward put your bruet to boil in a fair and clean pot. And then take two fair and clean knives and chop your leeks, and then take them and bray them in a mortar; and, being brayed, put them into your broth, of almonds as much as water, to boil. And, the leeks being boiled, when it comes to the sideboard put your meat on fair serving dishes and then the said broth of the said leeks put on top.

From: Forme of Cury

Funges (p. 14/A15). Take Funges and pare hem clene and dyce hem. take leke and shred hym small and do hym to seeõ in gode broth. color it with safron and do õ'inne powdo fort.

Redaction (modern recipe):

- 1/2 lb mushrooms
- 1 c beef or chicken broth
- 1/4 t powder fort
- 1 leek
- 6 threads saffron
- 1/4 t salt

Wash the vegetables; slice the leek finely and dice the mushrooms. Add saffron to the broth and bring it to a boil. Add the leek, mushrooms, and powder fort to the broth, simmer 3-4 minutes, remove from the heat, and serve.

We [*Master Cariodoc*] prefer to use beef broth, but it is also good with chicken. If you use a canned broth, remember that some are concentrated and must be diluted before using. Campbell's beef bouillon or chicken bouillon, for instance, should be combined with an equal quantity of water.

Powder fort

Powder Fort is a spice mixture used in a number of period recipes. Different people use different spice mixtures. *Cariadoc's* recipe (from his excellent *Miscellany*) is: "by weight: 1 part cloves, 1 part mace, 1 part cubebs, 7 parts cinnamon, 7 parts ginger, and 7 parts pepper, all ground."

Sources

- "Our Vegetable Travelers", Victor R. Boswell (*Aug. 1949 National Geographic Magazine*)
<http://aggie-horticulture.tamu.edu/plantanswers/publications/vegetabletravelers/>
- *Du fait de cuisine, Maistre Chiquart, 1420* (translated by Elizabeth Cook)
- *Forme of Cury, 14th century English recipes*
- *Cardiodoc's Miscellany*,
<http://www.pbm.com/~lindahl/cariadoc/miscellany.html>
- graphic: Paul Young, *The Garden Organizer*, (*National Gardening Association*) 1986

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Events

December 28: Brandenburg
Tourney, Feast for Archduke BD
(Buddy Todd Pk, Oceanside, CA)

January 4: Terre Neuve
Symposium Day (La Mesa, CA)
12th Night Feast (La Mesa, CA)

January 11: Sangrael
Coronation Tournament, Pot
Luck, (Temecula, CA)

January 11: Umbria
Yule Feast (location tbd)

January 11/12: Dragon's Mist
12th Night Weekend (Givhans
Ferry State Park, SC)

January 22: Agenda deadline
for Imp. Estates Meeting

January 25: Brandenburg
Coronation Feast (Vista, CA)

February 22: Tierra del Fuego
Coronation, Emperor's
Birthday (Bay Area, CA)

March 22/23: Imp. Estates Mtg
Umbria (location tbd)

March 28/31: Terre Neuve
Crown War (Portreo Park, San
Diego, CA)

May 19: Agenda deadline
for Imp. Estates Meeting

May 24/25: Imperial Civil War
(location tbd)
*(If no Civil War, this will be
fought as a Banner War)*

July 19/20: Imp. Estates Mtg
(location tbd)

August 30/31: Imp. Crown War
(location tbd)

September 1: Agenda deadline
for Imp. Estates Meeting

November 1/2: Imp. Estates Mtg
Imperial Coronation
(location tbd)



Sir David Albrecht, 2002 National Steel Champion

■
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