

Adrian Herald

November 2008

CONGRATULATIONS ...

... to Sir L'Bete and Dame Lenora on their ascension to the Imperial Throne November 1, 2008.



... to Dame Amara Vai'datha on her acceptance of the accolade of Knight Premiere this past April at the hand of the Ducal Crown in her home region of Alhambra (she was the first third-level knight in that region!)



*Falcon's Encampment at Camelot Days
For more information, see article on page 7*

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AWARDS PRESENTED AT IMPERIAL CORONATION 2008

For more information on exactly what these awards are, please refer to the Imperial web site:

<http://www.adrianempire.org/documents/manuals/ref-writ18.pdf>

LORDS & LADIES

- Sir Vincenzo d'Falconi
- Dame Elizabeth Blizce
- Jarl Doom Solig
- Sir Dorn das Schwarz Brause
- Dame Felicia "The Bold" das Schwarz Brause
- Ian Griffen the Archer
- Anna Elizabeth Von Imtraut
- Shaun of the Forrest
- Lisbeth
- Sir Waylon of Winchester
- Sir Blackarrow
- Sir Drake Morcar
- Sir Adelric Drago
- Sir Wot D'Foque
- Dame Wye D'Foque
- Sir Angus MacLeod
- Sir Salvatore Tecchi
- Sir Frederick Falconer

BARONS & BARONESS

- Dame Genevieve La Rousse
- Dame Ana Llywelyn
- Dame Cassiopia deAcmd
- Sir Geoffrey Maynard
- Sir Wilhelmus Blizce
- Sir Aerindane McLorie
- Sir Francesco Gaetano Greco D' Edessa
- Dame Seraphine McLaren of the O'Neill Mor
- Capitaine E'Xavier de Normandie
- Dame Margarita DuBois
- Lady Guinevere Morone

SPECIAL AWARDS

CROWN SEAL OF EXCELLENCE

- Frie Companies von Lagersuufers
- The Crew
- Bentwood Raiders

IMPERIAL CROWN COMPANIONS

- Sir Luke McGowan
- Sir Ivan of Mannochemore
- Sir Geoffroy Maynard
- Sir Boru
- Sir Wright Bentwood
- Lady Anne MacAlystre

ORDER OF THE QUEEN'S GUARD

- Sir Giachino Morones
- Sir Karl von Rothenburg
- Sir Eric Harbinger
- Lord Geoffrey Fulready
- Squire Greyland Savage
- Squire Dierdre Carthaigh
- Squire Darren of Esperance

Congratulations to all who received
these awards and accolades!

Huzzah and well done!

NOTE: If you know someone you think is deserving of such acknowledgement, please make it known to your local rulers. Every region, as well as the Imperial Crown, may award service and behavior they deem worthy.

THE MARTIAL'S LYST

Presented by Lord Geoffrey Fulredy



To the most excellent Lord L'Bet'e and Lady Lenora, Emperor and Empress of Adria, do I and all faithful subjects wishing to observe their oaths, wish health and tender their lawful service with all respect and honor.

I present this first article in a new column dedicated to the Adrian Empire's arts of defense. My goal is to discuss strategies, tactics, techniques, training tips, and other sorts of information for combatants both new and... experienced.

I'd like to kick things off with a discussion of an often-overlooked concept known as "attacking in safety". I'm sure you've all heard someone say, "trade a leg for a win". While these strategies work within our system of rules, if the fighting was real would you really do this?

In 1594, Giacomo Di Grassi wrote in "*His True Arte of Defence*"...

"...it may wel be laid, that the foldier differeth from other men, not becaufe he is more fkilful in

handling the fword or iavelyn, but for that he is expert in everie occaſion to know the beft advantage & with iudgement both to defend himſelf with anie thing whatfoever, and therewithal fafelie to offend the enimie: In which & no other thing confilteth true fkirmifhing."

What is this concept of "safely offending" that Signor Grassi refers to? It's attacking your opponent in such a way where they cannot counter-attack within the same measure. In simpler terms, every time you've been "double-killed" you failed to attack your opponent from a position of safety.

So how does one safely offend their opponent? Like many martial theories, the application can take a lot of practice. However, there are some simple things you can do to implement this strategy in "true skirmishing".

1. Pretend the swords and wounds are real. This will help you be more cautious and less willing to be "suicidal" or trade body parts for wins.
2. Think less about risky wins and more about positioning your opponent's sword so that you can strike them without them hitting you.
3. Continually review your bouts to find better ways to make safer attacks.

I hope these tips help you elevate your personal arte of defence to the next level. Please send any suggestions, comments, or complaints to gschemel@verizon.net and I may just use them in my next column.

SHAKESPEARE'S CORNER

DID YOU KNOW? Boy actors played a significant part in the experience of Elizabethan Theatre, for boy actors played the parts of women and girls onstage, including major roles like Lady MacBeth, Ophelia and Cleopatra.

CLOTHING: TURKISH COATS

Presented by Dame Amara Vai'datha

NOTE: The entire article, plus construction patterns and instructions are available at <http://www.adrianempire.org>

The garment we call a Turkish Coat is more properly called an enteri or yelek. This garment is the basic unit of middle eastern period garb. A study of Persian and Turkish miniatures shows every person, man or woman, wearing some version of what appears to be a long tunic. The sleeves vary in length and width, and the hems vary from hip to ankle. These garments were normally worn over a gömlek (chemise) and salvar (loose pants). Normal dress consisted of 3-4 enteri of varying lengths, worn so that as many layers as possible could be displayed. There is a variety of necklines, from deep 'V' for 'U' to simply left open.

The sleeves are absent, short, or long enough to hang over the hands. The extremely long sleeves were often pushed up so that they pooled at the wrists, or slit at the shoulders so the arms could be passed through. These sleeves hung behind the shoulders as decorations and can be seen tucked into a sash or belt. They can also be seen left hanging behind the shoulders, with the garment worn as a throw or cloak. The sleeves are invariably sewn all the way to the cuff.

Very few of these garments from our period of study have survived, the exception being sultan's ceremonial robes. These robes cannot be relied upon for detail - they were not everyday garments. Basic construction methods can be garnered from their study. These garments are often made with very elaborate fabrics with no closure, but the pattern was carefully matched across the front. Written testimonials from ambassadors indicate that the sultan most likely did not move when he wore this garment, but stood motionless throughout the audience it give the impression of greater power. (Bloom et al, 1997 p. 379)

We can, however, draw some useful conclusions from surviving miniatures, although they

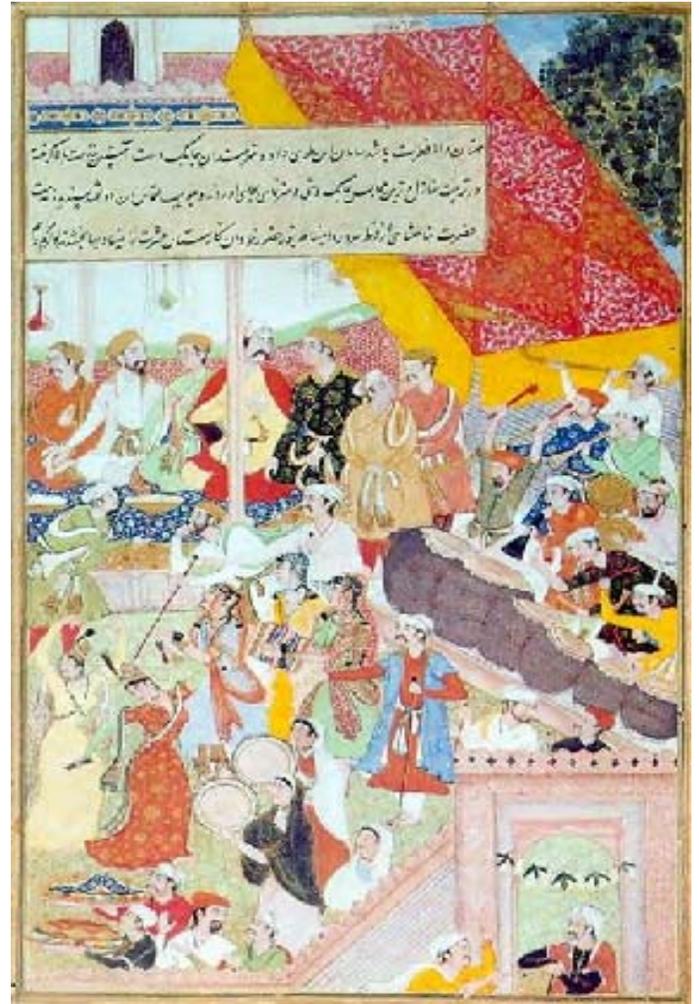


Figure 2 Indian Kathak entertainers at the Marriage of Bagi Muhammad Khan (early 16th century)

are often drawn in a flat way that does not indicate the fit of the garment. There is still evidence in these illustrations that indicate the garments were extremely well-fitted through the torso. Consider, for example, the dancers depicted in figure 2, dated early 16th century. They are depicted wearing a well-fitted bodice and a full skirt.

Necklines can be rather deep to show much of the upper chest of gömlek, or closed nearly to the neck. The goal seemed to be to display as many layers as possible, so the necklines often deepened with the outer layers.

The enteri can be nearly any length from hip to ankle. The skirt is usually sewn at all seams, but can be slit at the back or sides. The garment always closes up the front, and so the skirt is always open in the front and frequently allows the gömlek and salvar to show. The flat depiction of many of the miniatures can make it difficult to estimate skirt fullness. Illustrations, however, seem to indicate a rather full skirt that hangs elegantly from the hips.

CONSTRUCTION

These garments are constructed using simple rectangles and triangles in much the same manner as an early period tunic. The godets and skirt gores are trimmed to provide a smooth circular hem. With this construction method a nicely flowing fitted garment can be made with only geometrically simple pieces and straight seams.

These garments were frequently lined in contrasting fabrics. There are examples, however, that show a wide facing of contrasting fabric with no visible lining, as well as examples of a contrasting lining and contrasting facing. The fabrics appear to be primarily fairly light with a nice drape based on the artistic depiction.

BEYOND THE MIDDLE EAST

The elegant lines of the Turkish Coat can be found in many garments of the Mediterranean region. There is a collection of portraits from the studio of Titian that Venetian ladies wearing garments that illustrate a strong Turkish Coat influence (Figure 3). The short pointed sleeves and long elegant lines of her outer gown are very strongly reminiscent of the Enteri we see in Turkish miniatures. Similar examples can be seen in the art of Moorish Spain as well as in Sicily, although examples of the latter regions are not shown here.



Figure 3 Portrait of a Lady 1555

REFERENCES

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- Scarce, Jennifer. (1987) Women's Costume of the Near and Middle East. Unwin Hyman, London, England.
- Turkish Coat for Venetian Dress,
http://www.geocities.com/oonaghsown/turkish_coat_for_venetian_dress_doco.htm, accessed 10/27/08.

LADIES' SOLAR: TRAPUNTO – “STUFFED QUILTING”

Presented by Dame Willow de Rara, Deputy Minister of Education

NOTE: The Ladies' Solar will be a monthly article relating to fiber arts and other pastimes appropriate for a medieval sitting room, where the ladies would gather to enjoy the sun and each other's company while making use of the light and warmth.

In Italian Trapunto means "to embroider" and in Latin it means "to prick with a needle." English and American quilters usually call the technique stuffed work. This style originated around the fourteenth century in Sicily. It became popular for clothing and other decorations in some parts of Europe, too, especially in Tudor England (A.D. 1485-1550) and in Marseilles, France, in the 1600s. Trapunto was brought to America by immigrants from these countries. A quilt made in this technique would have been considered elegant.¹ Trapunto uses two fabrics one is your top piece and the other is a loosely woven fabric for the quilt backing.

First you stitch backstitch (outline) of your design, thus attaching your two fabrics together while forming your design. Then, making slits in the backing to stuff shapes, a needle is used to carefully push the stuffing in to the design you have outlined with a then you stitch the back opens closed. When you are done with that you can go into your design and stitch detail into your design. I would suggest if you are doing this for clothing or a quilt when you are done, that you attach another piece of fabric on the back to protect your stitching-stuffing openings. Sometime it takes a long time and patience to complete your finished Trapunto designs, depending on the size and complexity of your design.

¹ http://www.museum.state.il.us/muslink/art/htmls/ks_tech_t.html

Trapunto originated in Italy in the early 16th century. It appeared in the United States in the late 1700's and remained popular until the Civil War.²

Surviving examples of medieval Trapunto are exceptionally rare. Unspun wool or cotton sandwiched between two pieces of linen had long been used in the creation of protective doublets for wear under chain mail or plate armour. Some stitching was used to keep all layers in place, either vertical or diagonal cross-hatching, and this is frequently indicated in tomb effigies and manuscript illuminations.

Garments of this kind were the responsibility of the Tailors and linen armourers in major western cities like Paris and London from the 13th century at least. The mastery of the technique evident in the large Tristan quilt worked in Sicily at the end of the 14th century suggests several centuries of evolution. Only small amounts of cotton wool were used in the Tristan quilt, in the 'stuffed quilting' technique where the cotton wool was introduced at the back of the work after the decorative stitching had been carried out. The ground of the work between the motifs was worked with close rows of running stitches in white linen thread, whilst the outlines of the figures, ships and buildings were worked in back-stitch in a brownish thread (right is aarming doublet).

Contact Dame Willow de' Rara for more examples or info . This article is available (with illustrations) on the Adrian web site.

² Needlework, an Illustrated History, by Harriet Bridgeman and Elizabeth Drury, Paddington Press Ltd. - Optimum Publishing Company Limited, New York 1978

POSTAL SHOOT SCORES

As of October. 18, 2008

REGIONAL RATINGS

AVERAGE (4 SHOTS)

Archduchy of Bisqaia	126.75
Duchy of Cashel	85.50
Kingdom of Umbria	6.25

BY ARCHER

SCORE (DATE SHOT)

Gilbert Ost Westley, Bisqaia	130 (26 July 08)
Roger Bagley, Bisqaia	130 (20 Sept 08)
Sir Karl von Lagerstein, Cashel	130 (9 Aug 08)
Mandrea Kahn, Bisqaia.....	125 (28 Sept 08)
Eric von Stryker, Bisqaia	122 (19 July 08)
HE Fireheart of Bloodhaven, Bisqaia	97 (19 July 08)
Sir William Russell, Cashel	97 (9 Aug 08)
Adonante Blissdale, Bisqaia.....	95 (13 July 08)
HE Edmund d'Escoville, Bisqaia	92 (16 Aug 08)
Hugh Stuart, Bisqaia	82 (20 July 08)
Rose Thorne, Bisqaia	61 (18 Oct 08)
Don Migele Parodini, Cashel	59 (9 Aug 08)
Adian the Green, Bisqaia	58 (19 July 08)
Ariana Belle Del Mare, Cashel	56 (9 Aug 08)
Alinor D'Arcy du Calais, Bisqaia	55 (13 July 08)
Dame Eiliagh d'Aitzarra, Bisqaia	50 (20 July 08)
Ian McTeer, Cashel	48 (9 Aug 08)
Graylin MacMoran, Bisqaia	44 (19 July 08)
Seamus Ean McCoy, Bisqaia	37 (18 Oct 08)
Daffyd McKay, Bisqaia	32 (19 July 08)
Dame Etoile Mancha, Umbria	25 (16 Aug 08)
Dame Catarine, Cashel	19 (9 Aug 08)
Sir Kaeyron Maethanos, Cashel.....	18 (9 Aug 08)



EVENT: CAMELOT DAYS

Presented by Sir Frederick Falconer

The Kingdoms of Castilles and the Ducky of Pembroke invite the Adrian Empire to join them at:

CAMELOT DAYS MEDIEVAL FAIRE

November 15-16, 2008

10:00am - 5:30pm

T.Y. Park, Hollywood, Florida

(Greater Fort Lauderdale Area)

www.camelotdays.com

On Saturday will be held the Pembroke monthly event & on Sunday will be the Castilles monthly event. Autocrats for this event is HRM Sir Derfel (Senior Autocrat) & Dame Pandora. If you are planning on attending the event please email the autocrats so that arrangements and tent space can be allotted for you at the encampment site.

There will also be a Medieval Falconers Encampment setup in conjunction with Sir Frederick & the Bachelor Bird of Prey Center of Miami.

See you there !!!

Their Royal Majesties, Sir Derfel Calderon and Dame Wynn of the kingdom of Castilles

MINISTER'S REPORTS

It is a bit too soon to expect reports from ministers who have just taken their offices. However, some have found the time to introduce themselves and we are happy to share those tidbits.

ARTS AND SCIENCES



NORTHWEST REGIONAL DEPUTY OF ARTS AND SCIENCES: I am Dame Seraphine MacLaren of the O'Neill Mor, I am Irish by birth, married to Jarl Doom Solig. I spend most my time cooking, armies don't march on empty stomachs. I have earned my Knighthoods in Ministry and the Arts. My first love is Arts and Science. I collect cooking manuscripts and have started working on creating a few more wood entries.

EDUCATION OFFICE



DEPUTY MINISTER OF EDUCATION: My name is Dame Willow de' Rara, I am the Deputy Imperial Minister of Education. I attended my first Adria event in the summer of 1993, soon after that I became Baroness of Vineland. I ran local events and did the paperwork for

the Inland Empire. I have been Minister of Rolls at local, kingdom and imperial levels, and Arts and Science Minister. I helped write the current Arts Manual, based on the Esperance Arts Manual. Since then we, the Great Estates, are constantly tweaking it trying to improve it more. I am a triple level knight in Ministry and Arts and like my fellow household members, I feel one of Adria's main focuses should be education. We should strive to constantly try to help educate our populace about every aspect of our time-period. We need to work harder to take our knowledge out to the mundane world through demos at fairs, schools, libraries, clubs, local events where-ever we can get our foot in the door.

COLLEGE OF ARMS (HERALDRY)



PHOENIX & DRAGON KING OF ARMS: Lord Sebastian Javier de la Cruz. I have been a member of the Adrian Empire since TE Dame Sorche Kyrkeby and Sir Arthur O'Tyne of Somerset took me to Crown War 2006. After meeting many wonderful people there, I jumped head first in

to the Adrian Empire. I have been an active member in Somerset, serving as Minister of Arms and Court Herald, and have served in the College of Arms as Somerset Herald, Basilica Herald for the Church of Adria, and Eastern Pursuivant. I am taking the position of Phoenix & Dragon King of Arms with pride and will work to help get submissions taken care of on the regional level. I will also be serving as Mantle Herald, maintaining the online armorial for the Empire. I am always available for consultation for anyone who needs it, from the East or the West, and I look forward to serving the College of Arms and Their Imperial Majesties in any way that I can.

ROLLS AND LISTS



DEPUTY MINISTER OF ROLLS AND LISTS: Hello, my name is Sir Wilhelmus Blizce. I am the current Duke of Somerses. Prior to becoming the Duke, I served as Rolls Minister and before that Steward. I asked to be a Deputy Rolls Minister for two reasons. First I wanted to learn more of how the

Imperial Rolls Office functions and try to learn more of the Rolls from an Imperial level. Second, I have had the fun task of recreating a block of the Somerset rolls due to lost records. This experience has given me some insight into the Rolls process and what is needed to verify and authenticate records. I look forward to serving our new Imperial Rolls minister and the new Crowns.

PUBLISHING



IMPERIAL WEBMASTER:
I am Sir Waldham Von Torsvan and I personally think grandchildren are gifts to us to make up for raising our children. I have retired from both Motorola and Mesa Community College

here in Arizona. I am the founder of two other non-profits, one a 501(c)3, the other a now-defunct 501(c)7. Being Web Master also includes being the Yahoo Groups moderator, Web duties include keeping all of the myriad of pages on the Web site correct and up to date. It also means finding new ways to make it more useful to all who use it, including curious non-members. It is our public face to the world, for both game and mundane purposes. The Adria moderator is on all of the groups to maintain continuity should people leave Adria. We have had groups die but remain visible because the group moderators quit for some reason. These empty, usually full of spam, groups are still visible to people trying to find info on us.



IMPERIAL CHRONICLER:
I, Dame Maedb Hawkins of the Drakonja, I have agreed to publish the Adrian Herald this reign. Having done the newsletter before (in the early part of this century), and having helium hands, I accepted when I was voluntold. I've been a member of Adria since 1996

and have served her since the day I joined in one way or another. Most of my posts have been in the arts and sciences and ministry, and that is where I have earned my ranks of Knight Master and Knight Premiere. I've had experience with pointy hats and am grateful for that – it's let me get to know so many wonderful people here in the Empire. In my mundane life, I was a technical writer for years before my back forced me into "retiring." These days I am a professional couch potato and nonprofessional writer, fabric worker, spinner of both fiber and tall tales.

PHYSICKER



PHYSICKER: I am Sir Jordan of Marlborough, Knight Premiere and Knight Bachelor, Lord of Adria, fifth Viscount of Brandenburg, Baron to the court of Brandenburg and the Imperial Physicker of all Adria. I have held this position since September 2002 and have used my 20 years of experience as a

U. S. Navy hospital corpsman assigned to the Fleet Marine Force at Camp Pendleton, California to manage the office of the Imperial Physicker. As a Field Combat Medicine Specialist and combat veteran I have seen and treated numerous battle related injuries as a result of direct conflict or accident. Our jobs as your physickers in the Adrian Empire is to render basic first aid as needed and know when to call for more advanced medical help. Physickers aid in guarding the safety of the fighters and all who attend an Adrian event. As always I wish you all to be well and be safe.

WAR AND JOUST



DEPUTY MINISTER OF JOUST AND WAR: My name is Sir Brient McQuane. I have been part of Adria for a little over 2 years now. Besides being Captian of House Leonis de Mortis, I enjoy archery, arts and sciences and, of course, fighting. I am the newest knight in the Duchy of Somerset. I was MoJaW for the Duchy for 1-1/2 years, give or take, until I took over the chancellor's postion. I have partaken in the SCA of and on for over 15 years, but find Adria to be my home. I hope I serve the Empire well.

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